



WHODAS

This questionnaire asks about difficulties due to health/mental health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the past 30 days and answer these questions thinking about how much difficulty you had doing the following activities.

Understanding and communicating

- D1.1 Concentrating on doing something for ten minutes? None Mild Moderate Severe Extreme/Cannot Do
- D1.2 Remembering to do important things? None Mild Moderate Severe Extreme/Cannot Do
- D1.3 Analyzing and finding solutions to problems in day-to-day life? None Mild Moderate Severe Extreme/Cannot Do
- D1.4 Learning a new task, for example, learning how to get to a new place? None Mild Moderate Severe Extreme/Cannot Do
- D1.5 Generally understanding what people say? None Mild Moderate Severe Extreme/Cannot Do
- D1.6 Starting and maintaining a conversation? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Getting around

- D2.1 Standing for long periods, such as 30 minutes? None Mild Moderate Severe Extreme/Cannot Do
- D2.2 Standing up from sitting down? None Mild Moderate Severe Extreme/Cannot Do
- D2.3 Moving around inside your home? None Mild Moderate Severe Extreme/Cannot Do
- D2.4 Getting out of your home? None Mild Moderate Severe Extreme/Cannot Do
- D2.5 Walking a long distance, such as a kilometer (or equivalent)? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Self-care

- D3.1 Washing your whole body? None Mild Moderate Severe Extreme/Cannot Do
- D3.2 Getting dressed? None Mild Moderate Severe Extreme/Cannot Do
- D3.3 Eating? None Mild Moderate Severe Extreme/Cannot Do
- D3.4 Staying by yourself for a few days? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Getting along with people

- D4.1 Dealing with people you do not know? None Mild Moderate Severe Extreme/Cannot Do
- D4.2 Maintaining a friendship? None Mild Moderate Severe Extreme/Cannot Do
- D4.3 Getting along with people who are close to you? None Mild Moderate Severe Extreme/Cannot Do
- D4.4 Making new friends? None Mild Moderate Severe Extreme/Cannot Do
- D4.5 Sexual activities? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Life activities-Household

- D5.1 Taking care of your household responsibilities? None Mild Moderate Severe Extreme/Cannot Do
- D5.2 Doing most important household tasks well? None Mild Moderate Severe Extreme/Cannot Do
- D5.3 Getting all of the household work done that you needed to do? None Mild Moderate Severe Extreme/Cannot Do
- D5.4 Getting your household work done as quickly as needed? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Life activities-School/Work

If you work (paid, non-paid, self-employed) or go to school, complete questions D5.5-D5.8, below. Otherwise, skip to D6.1.

- D5.5 Your day-to-day work/school? None Mild Moderate Severe Extreme/Cannot Do
- D5.6 Doing your most important work/school tasks well? None Mild Moderate Severe Extreme/Cannot Do
- D5.7 Getting all of the work done that you need to do? None Mild Moderate Severe Extreme/Cannot Do
- D5.8 Getting your work done as quickly as needed? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

Participation in society

- D6.1** How much of a problem did you have in joining in community activities (for example, festivities, religious, or other activities) in the same way as anyone else can? None Mild Moderate Severe Extreme/Cannot Do
- D6.2** How much of a problem did you have because of barriers or hindrances around you? None Mild Moderate Severe Extreme/Cannot Do
- D6.3** How much of a problem did you have living with dignity because of the attitudes and actions of others? None Mild Moderate Severe Extreme/Cannot Do
- D6.4** How much time did you spend on your health condition or its consequences? None Mild Moderate Severe Extreme/Cannot Do
- D6.5** How much have you been emotionally affected by your health condition? None Mild Moderate Severe Extreme/Cannot Do
- D6.6** How much has your health been a drain on the financial resources of you or your family? None Mild Moderate Severe Extreme/Cannot Do
- D6.7** How much of a problem did your family have because of your health problems? None Mild Moderate Severe Extreme/Cannot Do
- D6.8** How much of a problem did you have in doing things by yourself for relaxation or pleasure? None Mild Moderate Severe Extreme/Cannot Do

Domain Score Raw Avg

General Disability Score Total () | Avg ()